

# Facial Pain Dysfunction Evaluation

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## PERSONAL INFORMATION

First Name -	Middle Name -	Last Name -
Date of Birth -	Age -	Gender -
Home Phone -	Mobile Phone -	Work Phone -
Street Address -	Street Address 2 -	City -
State -	ZIP Code -	Email -
Patients Social Security Number -	Driver's License -	Marital Status -
Occupation -	Employer Name -	Person to contact in case of Emergency -
Relationship -	Phone # -	Person responsible for this account -
Relationship -	Who referred you to this office? -	Phone # -

## INSURANCE INFORMATION

Policy Holder Name -	Birthdate -	Policy Holder Social Security Number -
Address -	Phone # -	Medical Insurance Company -
Insurance ID -	Group/Policy # -	

## CURRENT PROBLEM

In your own words, describe your present problem. -	When did your problem start? -	What do you feel caused your problem to start? -
Describe the difference in your symptoms now and when they first began. -		

## HEALTH HISTORY

Are you in good health? -	Date of last physical exam -	Are you under the care of a physician now? -
Why? -	Have you ever been hospitalized? -	If yes, please briefly explain: -
Have you ever had a serious illness? -	If yes, please briefly explain: -	Do you wear a cardiac pacemaker? -

Are you pregnant?

-

Do you smoke or drink alcohol?

-

If yes, how much per day?

-

Do you exercise regularly?

-

How?

-

Does it affect your pain?

-

Do you have trouble getting to sleep or staying asleep?

-

Do you snore?

-

Please check any of the following which you presently have or have had in the past:

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Blood disease       | <input type="checkbox"/> Oral ulcers         | <input type="checkbox"/> Heart disease        | <input type="checkbox"/> Hepatitis           |
| <input type="checkbox"/> Sinus problems      | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Kidney disease       | <input type="checkbox"/> Arthritis           |
| <input type="checkbox"/> Respiratory disease | <input type="checkbox"/> Tumors              | <input type="checkbox"/> Head injuries        | <input type="checkbox"/> Radiation treatment |
| <input type="checkbox"/> Stomach ulcers      | <input type="checkbox"/> Nervous disorders   | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Chemotherapy        |
| <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Mental disorders     | <input type="checkbox"/> Thyroid disease     |
| <input type="checkbox"/> Fainting spells     | <input type="checkbox"/> Seizures            | <input type="checkbox"/> Marked weight change | <input type="checkbox"/> Night sweats        |
| <input type="checkbox"/> Skin rashes         | <input type="checkbox"/> Loss of hearing     | <input type="checkbox"/> Stroke               | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Loss of energy      | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Hormonal problems    |  |

List all medication you are ALLERGIC to:

-

List the name and dose of All medication you now take (example: Prozac 20mg., 2x/day, am/pm) (If you have tried or used other meds and need more space: download Medication History) (Name of Medication) (Amount(mg)) (Number of doses per day)

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Is there any disease, accidents, traumatic events or contributing factors that you think could be associated with your chief complaint that I should know about? If yes, please briefly explain:

-

List any change in occupation, residence, relationships, life style, financial status, divorce, separation, death, emotional distress, changes or new medications which may have occurred just before or during the time of your problem.

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## TEMPOROMANDIBULAR JOINT SYMPTOMS

Check if any of the following increase your pain:

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Opening mouth                    | <input type="checkbox"/> Closing mouth           | <input type="checkbox"/> Yawning                            | <input type="checkbox"/> Eating                   |
| <input type="checkbox"/> Talking                          | <input type="checkbox"/> Moving jaw side to side | <input type="checkbox"/> Moving jaw forward                 | <input type="checkbox"/> Clenching teeth together |
| <input type="checkbox"/> Turning head L or R              | <input type="checkbox"/> Looking up/looking down | <input type="checkbox"/> Singing                            | <input type="checkbox"/> Bending over             |
| <input type="checkbox"/> Hot/cold inside or outside mouth | <input type="checkbox"/> Weather changes         | <input type="checkbox"/> Massage                            | <input type="checkbox"/> Exercise                 |
| <input type="checkbox"/> Sleep                            | <input type="checkbox"/> Lying down              | <input type="checkbox"/> Sitting up or standing after lying |   |

Check any of the following that relate to your current problem:

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Headaches        | <input type="checkbox"/> Neckaches                     | <input type="checkbox"/> Ear pain                                | <input type="checkbox"/> Ringing in ears          |
| <input type="checkbox"/> Fullness in ears | <input type="checkbox"/> Eye pain                      | <input type="checkbox"/> Dizziness                               | <input type="checkbox"/> Frequent stress          |
| <input type="checkbox"/> Chronic fatigue  | <input type="checkbox"/> Nausea/vomiting               | <input type="checkbox"/> Poor sleep                              | <input type="checkbox"/> Tooth pain               |
| <input type="checkbox"/> Finger numbness  | <input type="checkbox"/> Visual changes                | <input type="checkbox"/> Jaw locking                             | <input type="checkbox"/> Hard to swallow          |
| <input type="checkbox"/> Sore throat      | <input type="checkbox"/> Upper back pain               | <input type="checkbox"/> Lower back pain                         | <input type="checkbox"/> Clenching/grinding teeth |
| <input type="checkbox"/> Jaw noises       | <input type="checkbox"/> Difficult to open/close mouth | <input type="checkbox"/> Teeth don't feel like they fit together | <input type="checkbox"/> Jaw joint pain           |
| <input type="checkbox"/> Facial pain      | <input type="checkbox"/> Facial burning                | <input type="checkbox"/> Facial numbness                         | <input type="checkbox"/> Facial swelling          |

Does your jaw make NOISE?

-

Are the noises on your left or right side?

-

When did you first notice these noises?

-

Is there pain when your jaw makes these noises?  
-

Has the noise changed since you first noticed it?  
-

Has your jaw ever LOCKED OPEN or CLOSED?  
-

How often?

Daily  Weekly  Monthly

When was the last time this happened?  
-

What is the longest it has stayed locked?

Seconds  Minutes  Hours  Days

### **HEADACHE SYMPTOMS**

Do you suffer from headaches?

Yes  No

Where do your headaches most often occur?

Temples  Eyes  Forehead  Back of head  
 Neck  Other

If you selected other, please briefly explain:  
-

How often do they occur?

Daily  Weekly  Monthly

When are they worst?

during the night  waking up  afternoon/evening

Do you take medication for your headache?  
-

If you answered yes, please list all medications you are currently taking for your headaches:  
-

Check any of the following which occur with your headache

Nausea  Vomiting  Visual changes  Confusion  
 Burning  Numbness  Sweating  Paralysis  
 Eye Tearing  Throbbing  Sensitivity to light

Check any of the following which may start your headache:

Stress  Tension  Exercise  Fatigue  
 Sleep  Body positions  Head positions  Time of Day  
 Time of month  Time of year  Jaw movements  Certain foods

### **PAIN SCALE**

Please mark your current pain level:

0 - Pain Free

1 - Mild, pain is barely noticeable, most of the time you don't think about it.

2 - Minor, annoying and may have occasional stronger twinges

3 - Uncomfortable, pain is noticeable and distracting, however you can get used to it and adapt

4 - Moderate, if you are deeply involved in an activity, it can be ignored for a period of time but is still distracting

5 - Distracting, moderately strong pain. It can be ignored for a few moments but with effort you still can manage to work or participate in some activities

6 - Distressing, moderately strong pain that interferes with normal daily activities and causes difficulty concentrating

7 - Severe, pain that dominates your senses and significantly limits your ability to perform daily activities or maintain social relationships. Interferes with sleep

8 - Intense, physical activity is severely limited. Conversing requires great effort

9 - Excruciating, Unable to converse. Crying out or moaning uncontrollably

10 - Unspeakable, Bedridden and possibly delirious

Please check your pain level at its WORST

Pain level while Eating

Last time you had severe pain:

-

-

-

# Cancellation Policy

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Please read carefully before signing.

Dr. Spencer has continually strived to provide the highest standard of care to each patient and every patient by scheduling appointments on an individual basis. We do not double book our patients and do our best to allow adequate time to provide an in depth, thorough evaluation and treatment at each scheduled visit. In order to continue providing the highest quality of care to each patient, we kindly ask that you provide our office with 24 hours notice should you need to cancel or re-schedule. If you could please call during office hours, that would be greatly appreciated.

We understand that life throws us all surprises and that there may be occasional emergencies that will require a change in your schedule with short notice. We respectfully ask that you contact us as soon as possible. However, in the case of repeated missed appointments, we do enforce a "no show," charge of \$100. This fee will be payable before or at your next appointment.

Thank you for your cooperation and understanding. We at Orofacial Pain Associates look forward to providing you with excellent care and treatment for all of your orofacial pain and needs.

Damon W. Spencer DDS  
3604 Preston Rd, Suite 500  
Plano, TX 75093  
972-758-2202  
info@dallastmjpain.com

Patient Signature

-

Date

-

Patient Initials

-

Date

-

# INSURANCE AND FINANCIAL POLICY

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## Insurance Financial Policy

Our office does not contract with any insurance company as a provider, regardless of your diagnosis, nor do we have any specific information regarding your insurance benefits. As a courtesy, we will assist you by providing an insurance form for you to file for your insurance reimbursement for any appropriate benefit.

**We do not guarantee any payment from your insurance company.**

We ask that our patients secure financial arrangements prior to their scheduled appointment. We offer options regarding financial arrangements for treatment. Payments may be made in full by cash, check, Visa, MasterCard, American Express or Discover.

If you have questions regarding your account, please contact our office at 972-758-2200

**Please remember that you are fully responsible for all fees charged by this office regardless of your insurance coverage.**

By signing below, I hereby certify that I have read and understand the above statements.

Patient Last Name

-

Patient First Name

-

DOB

-

Patient/Guardian Signature

-

Date

-

# Medication Policy

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Respectfully, our office requires a 24-48 hour window to fill medications.

Most medications cannot be refilled over the weekends as they are not considered an emergency.

Medication refill requests made after 1pm will be submitted for refills the following business day.

For patients who are taking narcotic pain medication, you must be seen in the office for refills. Refills will not be given by phone or fax.

Thank you for your patience and cooperation,  
Damon W. Spencer DDS  
3604 Preston Rd., Suite 500  
Plano, TX 75093  
info@dallastmjpain.com

I have read and understand the above policy.

Patient Signature

-

Date

-

Patient Initials

-

Date

-

# Opt-in Consent

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## Opt-in for messages

Please sign below to consent to receiving SMS text messages from Orofacial Pain Associates. Msg & data rates may apply. Reply STOP to opt out.

E-Signature (name or initials)

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# Release of Records

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**Damon W Spencer DDS**  
**3604 Preston Rd.**  
**Suite 500**  
**Plano, TX 75093**  
**Phone: (972) 758-2200**  
**Fax: (972) 758-2202**

Date \_\_\_\_\_ I, \_\_\_\_\_  
-

, hereby authorize Dr. Spencer, who has examined and/or treated me (or my child), to release photo static copies, as well as have conversations with previous or referring doctors, pharmacies or insurance companies. This pertains to any and all information related to my (or my child's), physical conditions in the past, present or future. This includes any and all history, physical exams, pathological and x-ray reports, diagnosis, pharmacy records, prognosis and any other information pertaining to charges and/or statements for medical care.

I, \_\_\_\_\_  
-

, hereby authorize any doctors who have examined or treated me (or my child), to release photo static copies of any and all information related to my physical condition in the past, present or in the future. This includes any and all history, physical exams, pathological and x-ray reports, diagnosis, pharmacy records, prognosis and any other information.

Damon W Spencer DDS  
3604 Preston Rd., Ste. 500  
Plano, TX 75093  
info@dallastmjpain.com  
Phone #: (972)758-2200  
Fax #: (972)758-2202

I expressly understand and agree that no liability of any nature should be attached to Dr. Spencer, or my (or my child's) other treating doctors, in acting on this authorization and request.

Patient Signature(or Parent/Guardian if patient is under 18 years of age)	Date	Patient Initials
-	-	-

Date  
-